



NATALIE UHLING

2017





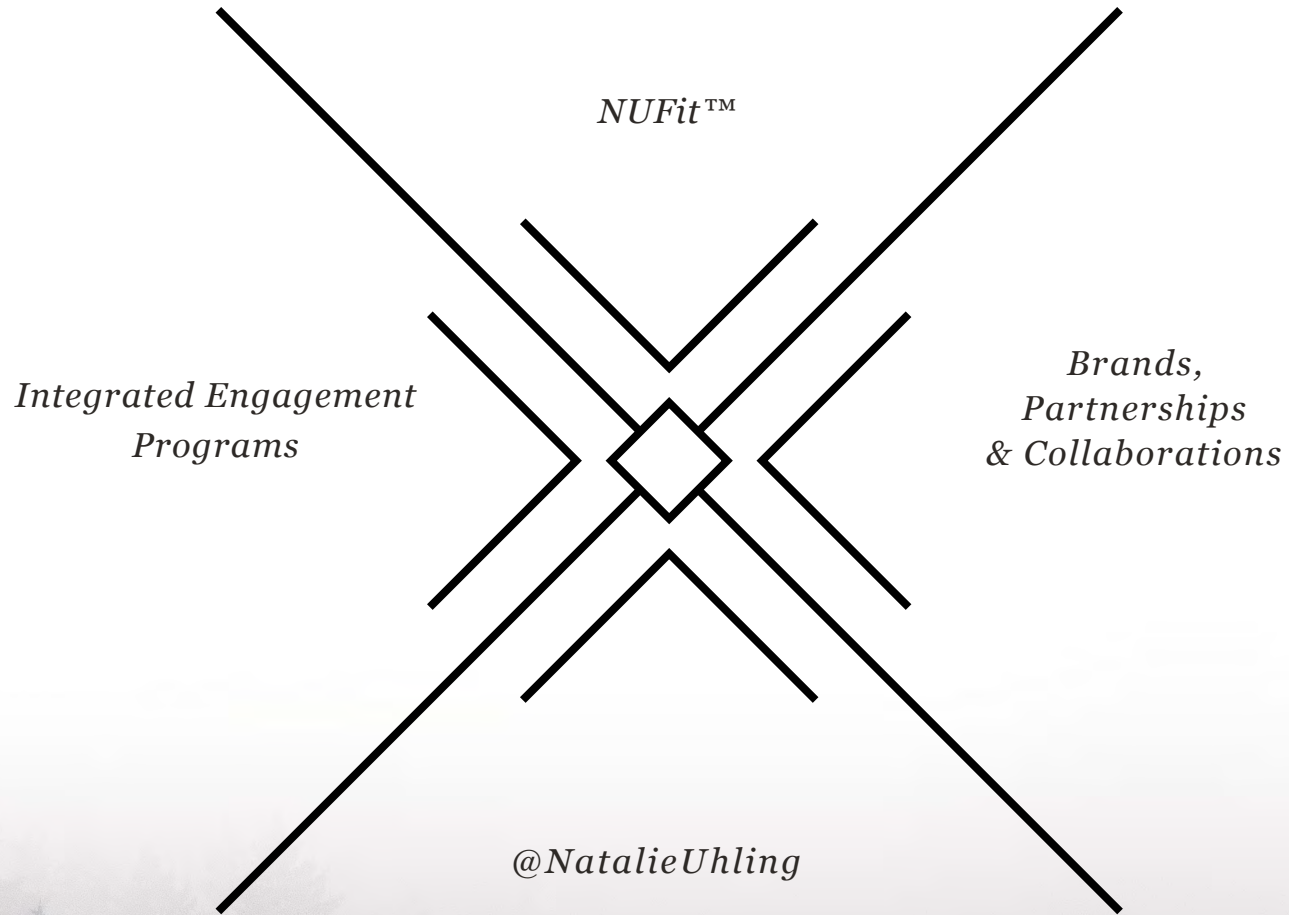
MEET NATALIE |

Natalie Uhling is an Athlete, Trainer, Creator, Female Force, Fitness Personality, Model, Stylist, Designer, Nutrition Nut and overall Health and Wellness Guru.



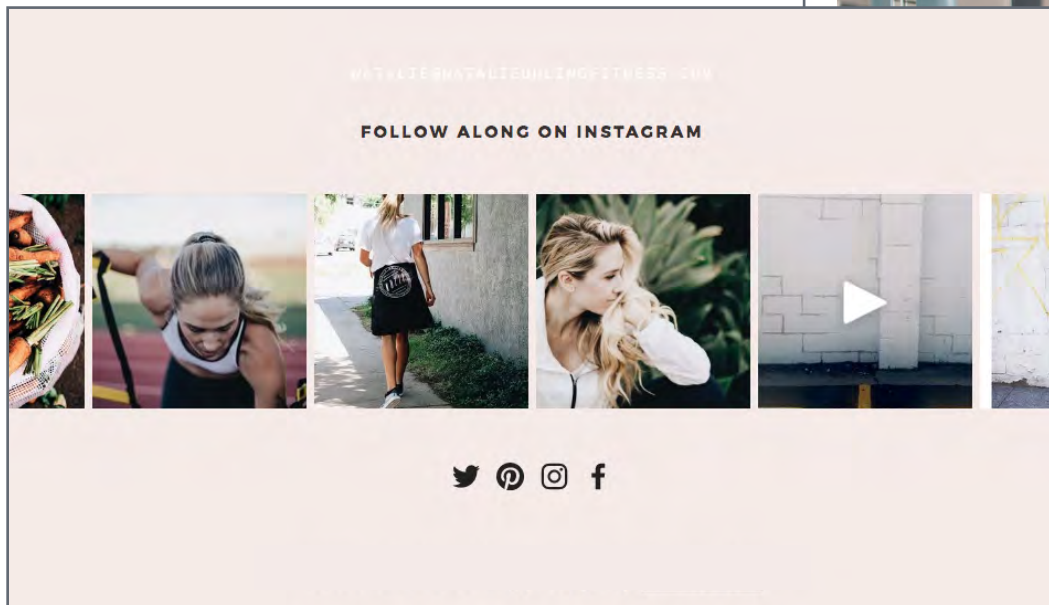
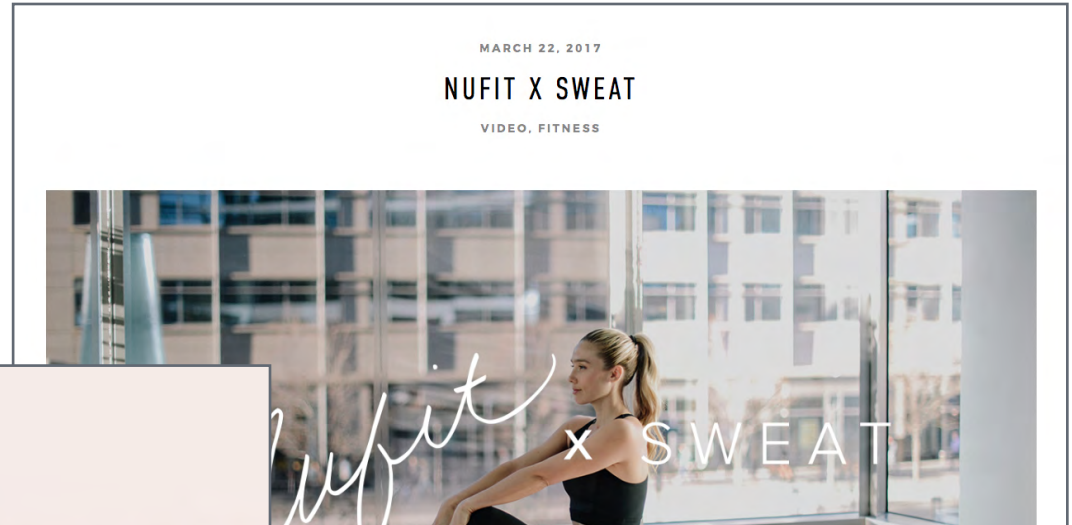


THE FOUR PILLARS | >>>>





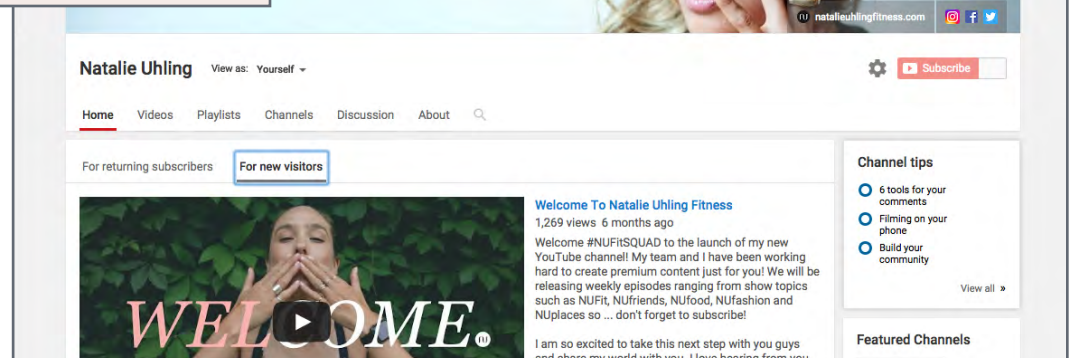
BLOG | Premium Storyteller, Creative Director, Tastemaker



SOCIAL | Digital influencer, Empower, Impact Women



VIDEO | Educate, Build Community, Expert





NATALIE UHLING FITNESS

INSPIRE

MOTIVATE

EDUCATE

CLASS | *NUFit™ fuses the best elements of cardio and spot toning*

2017 My account

Fri Sat Morning Afternoon Evening

TODAY NEXT >> 2017-06-12

MON JUNE 12, 2017	CLASS
9:30 am - 10:30 am	SIGN UP NUFit Signature
TUE JUNE 13, 2017	CLASS
5:30 pm - 6:30 pm	SIGN UP NUFit Signature
WED JUNE 14, 2017	CLASS
No Classes Found	
THU JUNE 15, 2017	CLASS
No Classes Found	
FRI JUNE 16, 2017	CLASS
No Classes Found	
SAT JUNE 17, 2017	CLASS
No Classes Found	

EVENTS | *Execution, Passion, Creativity*


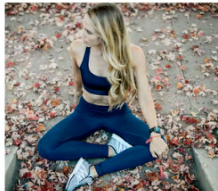
NATALIE CELEBRATES ARTISTRY & COMMUNITY AROUND THE WORLD

She is the creator of her own fitness method NUFit®, Founder of Natalie Entertainment Group which encompasses live events, digital content and social media, Creator of the MVMT Tour and a Top Health and Wellness Influencer. The NU team prides itself on creating authentic stories for brand partners as well as creating original content for health and wellness clients.

[LEARN MORE](#)




PERSONALITY | Contagious Energy, Focused, Experienced

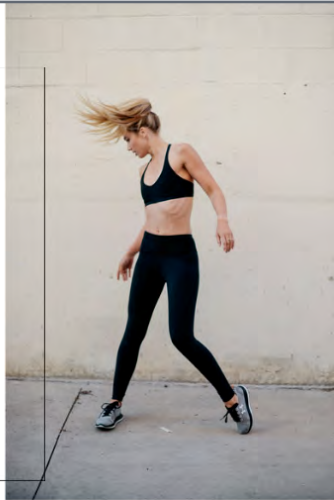
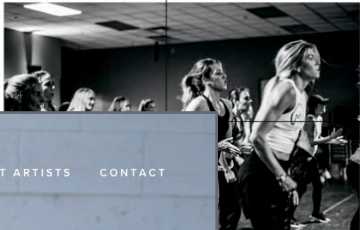
MEET NATALIE
INTERNATIONAL MOVEMENT SPECIALIST

NATALIE UHLING | *Pioneer, Female Athlete, Creator*




NUFIT™ | Energy, Connection, Mindfulness

NUFIT®
EXPERIENTIAL FITNESS

MVMT

HOME ABOUT THE PROGRAM MVMT ARTISTS CONTACT



COME PASSIONATE, LEAVE INSPIRED.

SELECT A DATE

MVMT | Education, Community, Movement



NATALIE UHLING | *METRICS*



CATEGORY | *Fitness Powerhouse*

TOTAL PUBLIC REACH | *Approx. 100K*

FOLLOWER COUNT | *Instagram 65K*

AVERAGE OVERALL SOCIAL MEDIA IMPRESSIONS | *Approx. +50K*

FOLLOWER PROFILE | *81% Women 19% Men, Ages 18-34*

TOP CITIES | *New York, London, Los Angeles & Denver*





NATALIE UHLING | PARTNERSHIPS



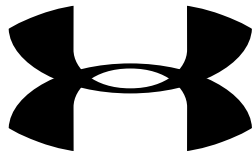
Women's Health

Silk

VISA



NBC Sports



FIJI[®]
WATER

Colorado Athletic Club
UNION STATION

FINISH LINE



NATALIE UHLING | TESTIMONIALS



RON WECHSLER | *Senior Vice President*
NBC Sports



“In addition to being a world class athlete, Natalie is amazing to work with. Her fierce drive and determination are incredible attributes, and they are matched by her personal warmth and positive vibe.”

UNDER ARMOUR | *Women’s Team*



“Natalie Uhling is a strong, confident, professional trainer and athlete who has helped us revolutionize our women’s brand and break into the studio business. The face of the business for several years, Natalie has been authentic in the space and helped us push the limit.”

KERI GLASSMAN | *Founder & President*
Keri Glassman, Nutritious Life



“Natalie is nothing short of a force of nature. She is professional, always on the top of her game and bringing 100% passion and commitment to all that she does!”

MICHELE PROMAULAYKO | *Editor-in-Chief*
Cosmopolitan



“When it comes to inspiring women to dig deep to reach their fitness goals, Natalie is without peer. Whether she is teaching one client, a crowded class, or a stadium full of people, she shows up with energy, authenticity, and passion each and every time. I’m as awed by her dedication as I am by her incredibly fit physique--and that’s saying a lot!”

THANK YOU



♥ Natalie
Whiting